

SUSSEX ASSOCIATION FOR SPINA BIFIDA & HYDROCEPHALUS (SASBAH)

Reg. Charity No: 247430

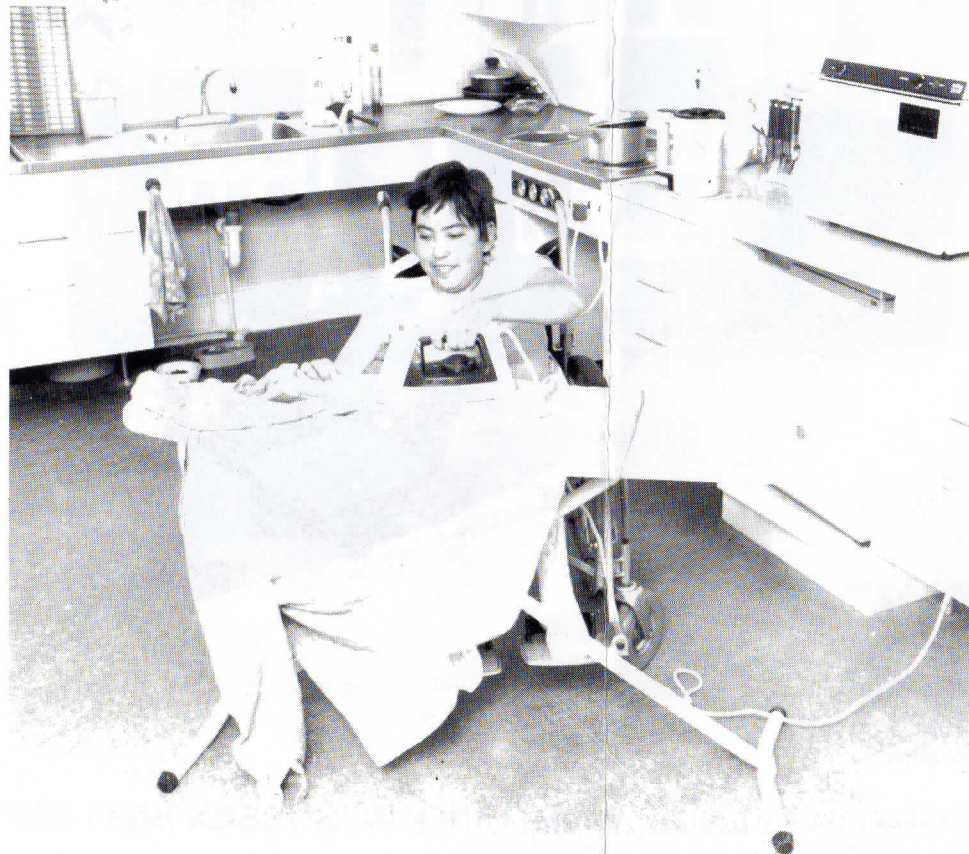


5, GRAND AVENUE, WORTHING, W. SUSSEX BN11 5AP

5 Grand Avenue, which is situated in Worthing, close to the sea and town centre, is "home" for nine young adults with spina bifida and hydrocephalus. The house is owned by Downland Housing Society and managed by the Sussex Association for Spina Bifida & Hydrocephalus. It opened in June 1986.

Each resident has a furnished bedsit with shared bathrooms and kitchens and there is a common room where everyone gets together to pursue hobbies or just to chat.

Although the house is "home" for the moment for residents, it is a 'halfway' house towards independence. We hope that after a year or two each resident will be confident enough to move on into either a shared flat or to live alone if wished.



Training and guidance towards independence is given in everyday living skills by our training and development officer, with the help of recreational assistants and our residential warden. These skills include cooking, laundry, cleaning, nutrition, dressmaking, and handling finances. We also encourage our residents to make use of the facilities within the community and to take part in activities outside the house.



SASBAH has installed a micro computer and printer to enable residents to gain experience in computing, correspondence and organising their own events.

Residents are also encouraged to take course at the local college, and to find employment or voluntary work locally.

